

# Zips

Zero to age 21: Information  
Promoting Success for Nurses  
working with Kansas Kids

MARCH 2005

**WELCOME Larry McGlasson!** Larry is a Kentuckian transplanted to Kansas because, in 1973, he married a Kansas girl while serving in the US Air Force. Larry was a Communications-Computer Systems Staff Officer in the Air Force, and for about half of his 23 years in military service he worked as a program/project manager for space and satellite communications systems. In 1993, Larry and Dawn completed a career in the Air Force and assignments that took them from Kansas to Canada, Korea and five states, including Hawaii. Four children were born during a span of 11 years from 1979 to 1990 - two boys (now 25 and 23) and two girls (16 and 14). The family spent some time in semi-retirement in Kentucky before returning to Kansas in 2001. After moving here, Larry decided to return to public service and pursued a Masters of Public Administration to enhance his potential for service - and employment! He considers his position as the new Abstinence Education Consultant as a perfect job, providing him the opportunity to do something that could positively impact the lives of Kansans, especially our teen population. Larry and Dawn reside in Topeka with their teenage daughters and are the proud grandparents of three grandchildren by their sons in Virginia and Florida.

**Public Health Nurse and Maternal and Child Health Conference** will be held May 3-5 at the Wichita Airport Hilton. Registration will begin at 8 a.m. on May 3.  
The 16th Annual **Kansas School Nurse Conference** will be held July 26-27 at the Hyatt Regency in Wichita.

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**Social Workers**  
Help starts here.

**Let's celebrate Social Work Month in March 2005!** This year is a very special year in the history of celebrating Social Work Month, it also marks the launch of the **National Social Work**

**Public Education Campaign** and shares the same theme.

Visit <http://www.socialworkers.org/pressroom/swm2005/default.asp>.

**More about the National Association of Social Workers :** Founded in 1955, the National Association of Social Workers (NASW) is the largest membership organization of professional social workers in the world, with more than 150,000 members. NASW works to enhance the professional growth and development of its members; to create and maintain standards for the profession; and to advance sound social policies. NASW also contributes to the well-being of individuals, families, and communities through its work and advocacy.

**Did You Know?** - There are 34 million U.S. residents who claim Irish ancestry. This number is almost nine times the population of Ireland itself (3.9 million). Irish is the nation's second most frequently reported ancestry, trailing only German. There are nine places in the United States that share the name of Ireland's capital, Dublin. Since Census 2000, Dublin, Calif., has surpassed Dublin, Ohio, as the most populous of these places (35,581 compared with 33,606 as of July 1, 2003). (Data courtesy of the U.S. Census Bureau).



**March Issue of Good Housekeeping Features Red Cross First Aid Kit.** In a section about how to prepare for an emergency in the home, the first aid kit was described as the most organized and comprehensive tested by the group. For more information visit the Web site:  
<http://www.redcross.org/index.html>



**This Newsletter is Compiled By:**

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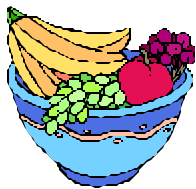
# **ZIPs: Perinatal Health**

## **Hepatitis B Info** CDC's National Immunization



Program (NIP) has recently added a web page of perinatal

Hepatitis B information to its Web site. The new section features pertinent brochures, flyers, slide sets, and Web sites for parents, healthcare professionals, and state Hepatitis B coordinators. The new web page also includes a link to 2003 National Immunization Survey (NIS) data, which includes the 2003 birth dose data. Visit this valuable new resource at: [http://www.cdc.gov/nip/diseases/hepB/pubs\\_other.htm](http://www.cdc.gov/nip/diseases/hepB/pubs_other.htm)



## **New Book On Adolescent Nutrition Available.** The Leadership Education and Training Program in Maternal and Child Nutrition is pleased to

announce the availability of a new book on adolescent nutrition. The book, "Guidelines for Adolescent Nutrition Services," is available online at: <http://www.epi.umn.edu/let/pubs> "Guidelines for Adolescent Nutrition Services" is a comprehensive overview of nutrition issues of teens. Some of the topics discussed in the book include: physical and psychosocial development, obesity, diabetes, hypertension, hyperlipidemia, eating disorders, sports nutrition and children with special health care needs. Guidelines for Adolescent Nutrition Services is a collaborative effort by registered dietitians from a variety of MCH training programs including Leadership Education in Adolescent Health, Pediatric Pulmonary Centers, Leadership Education in Neurodevelopmental Disabilities and Nutrition Training programs. This free book was developed through funding from the Health Resources and Services Administration, Maternal and Child Health Bureau. Also available for purchase or download is the book "Nutrition and the Pregnant Adolescent:

A Practical Reference Guide." If you have any questions or comments about these publications or if you would like permission to utilize any information from these publications, you may contact Jamie Stang, PhD, MPH, RD at [stang@epi.umn.edu](mailto:stang@epi.umn.edu).



## **State Legislation That Protects, Promotes and Supports Breastfeeding.**

This is an excellent article displaying the efforts of various states in regard to breastfeeding legislation. Included in the article are discussion topics related to breastfeeding in public; legislative recognition of the importance of breastfeeding to maternal and infant health; the importance of developing desirable work place settings in which to breastfeed or express milk; breastfeeding promotion, information and education; jury duty; family law; milk banks; nursing in prison; breastfeeding equipment/assistance privileges; and the international code of marketing of breast-milk substitutes. Finally, a discussion of how maternity leave legislation can positively effect the initiation and duration of breastfeeding is discussed. In the appendices is a variety of information regarding enacted breastfeeding legislation that is listed by state indicating whether it is summarized or categorical information. This tabular set of data is followed by more tables of information further categorizing enacted breastfeeding legislation according to the topics within the body of this article (i.e., breastfeeding in public, breastfeeding promotion, etc.). Also, a few good sources of breastfeeding information are listed. For more information on this topic go to: <http://www.usbreastfeeding.org/Issue-Papers/State-Legislation-2004.pdf>.



## **The National Association of Social**

**Workers** has provided information on an upcoming training opportunity. The

*Problems are only opportunities in work clothes.*

— Henry J. Kaiser

training is titled: "**Safety in the Field: Work Violence Prevention Training for Social Workers.**" The dates for this training are April 22 and 23, at the KCI ExpoCenter, 11730 N. Ambassador Drive, K.C., MO from 8:30 A.M.- 4:30 P. M. each day with lunch on your own. This training, for 12 CEUs, could be beneficial and relevant to any staff persons who work directly with clients in the home, agency, or other venue of service. More information can be found at: <http://www.knasw.com>



**The Bright Futures** guidelines take contemporary pediatrics to a new level! Check out *Bright Futures in Practice: Nutrition* (2nd ed.). Story M., Holt K., Sofka D., eds. 2002. Bright Arlington, VA: National Center for Education in Maternal and Child Health. Download or order the nutrition guide at: <http://www.brightfutures.org/nutrition/index.html>.



## **Child Abuse and Neglect New User Manuals.** *The Role of Educators in Preventing and Responding to Child Abuse and Neglect,*

examines the roles that teachers, school counselors, school social workers and other school personnel have in helping maltreated children. *Child Protection in Families Experiencing Domestic Violence*, provides background on domestic violence and addresses many practice issues. *Supervising Child Protective Services (CPS) Caseworkers*, describes the roles and responsibilities of the CPS supervisor and offers practice-oriented advice on how to carry out supervisory responsibilities effectively. All manuals are available at: <http://nccanch.acf.hhs.gov/profess/tools/usermanual.cfm>.





Many Kansans have already entered the statewide fitness program, “Get Fit Kansas!”, but there is still plenty of time for those who haven’t. Registrations will be accepted indefinitely. “Get Fit Kansas!” is a

team competition that encourages Kansans to develop and maintain healthy activity and eating habits. Kansas residents interested in “Get Fit Kansas!” should call 1-888-774-7721. The Sunflower State Games office is located at 820 Kansas, Topeka, or visit their Web site at: <https://www.getfitkansan.org/index.sp>.



**Does SCHIP Benefit All Low-Income Children?** An issue brief describes the impact of the State Children’s Health Insurance Program

(SCHIP) on health care access and satisfaction in three states with separate, freestanding SCHIP programs. The issue brief, prepared by the Child Health Insurance Research Initiative, presents findings from a survey of parents of all children and adolescents (ages 1-18) enrolled in SCHIP in Kansas and New York, and of adolescents ages 12-18 enrolled in SCHIP in Florida. The survey was administered shortly after the children were enrolled and again one year later. The analyses assessed (1) SCHIP’s impact on each of three subgroups of children and adolescents: minorities, those with special health care needs, and the long-term uninsured and (2) differences between vulnerable children and other enrollees. The brief includes information on what was learned, a conclusion, policy implications, study methodology, sources, and related studies of interest. It

is available at: <http://www.ahrq.gov/chiri/chiribrf4/chiribrf4.pdf>.

**Surgeon General Salutes ‘Year of the Healthy Child’.** Calling 2005 “The Year of the Healthy Child,” U.S. Surgeon General Richard Carmona announced that his agenda this year will focus on “improving the body, mind, and spirit of the growing child.” For more information visit: [http://www.healthinschools.org/2005/jan24\\_alert.asp](http://www.healthinschools.org/2005/jan24_alert.asp).



**The National Partnership on Booster Seat Safety** has launched a new Web site to promote the use of booster seats for children who have outgrown their child safety seats but are not ready to use standard seat belts. The Web site is managed by the National Healthy Mothers, Healthy Babies Coalition (HMHB) with support from the CarMax Foundation; the site is part of an effort to expand HMHB’s work on occupant-protection issues. The Web site’s resources page contains links to federal recommendations, a list of recalled products, videotape demonstrations for parents, a database of state laws, state-by-state reports of crashes involving children, creative resources for teachers, and more. The site is intended for use by families, health professionals, and policymakers in their efforts to save lives and prevent injury through booster seat safety education and advocacy. For more information visit: <http://www.boostkids.org/>.



**Happy, Healthy Monsters — Free DVD Available**

Sesame Workshop has launched *Healthy Habits for Life*, a comprehensive effort to prevent obesity and promote a healthy lifestyle among preschoolers. This

new initiative features a DVD, *Happy, Healthy Monsters*, which features Grover, Elmo and Zoe from Sesame Street guiding kids in healthy eating and exercise habits. Sony Wonder is providing *Happy, Healthy Monsters* to hospitals and other health facilities where it can reach preschoolers in waiting areas. To order your free copy (while supplies last), please contact Joie Binns at (212) 833-4594 or e-mail at: [Joie\\_Binns@sonymusic.com](mailto:Joie_Binns@sonymusic.com).

**Anti-depressant Medications for Children and Adolescents: Information for Parents and Caregivers**

This article provides a review of research findings and NIMH resources on antidepressant medications for children and adolescents. [http://www.nimh.nih.gov/healthinformation/antidepressant\\_child.cfm](http://www.nimh.nih.gov/healthinformation/antidepressant_child.cfm)



**I Tried Marijuana.**

**What Do I Tell My Teen?** This article offers tips and suggestions to help parents have honest, healthy discussions about marijuana use with children of any age.

<http://family.samhsa.gov/monitor/tryedmarijuana.aspx>

**Mom, My Friend Is**

**Using Pot** How can a parent reassure a teen that she did the right thing in confiding a friend’s drug use to the parent? This article plays out a family scenario and answers

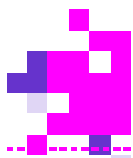


questions a parent may have in a similar situation. <http://www.family.samhsa.gov/monitor/usingpot.aspx>.

**Weed on the Web: Kid’s Buying**

**Marijuana Online.** This article provides important details about children’s access to marijuana on the World Wide Web and how to promote safer Web surfing for kids. <http://www.family.samhsa.gov/set/weedweb.aspx>





# Zips: Adolescent Health

*You've got to get up every morning with determination if you're going to go to bed with satisfaction..*

— George Horace Lorimer

## Teen

### Pregnancy Programs and Adult-to-Youth Mentoring.

ETR's Resource Center for Adolescent Pregnancy Prevention (ReCAPP) has a section of their Web site dedicated to mentoring. It summarizes the research and provides a case study on a teen parent program. For more information, go to <http://www.etr.org/recapp/theories/mentoring/>.



**A study from the California Mentor Foundation** found that 98 percent of youth matched with mentors did not become a teen

parent. For a link to the study, go to [http://www.calmentor.org/mentoringmovement\\_resources.fsp](http://www.calmentor.org/mentoringmovement_resources.fsp).



**Hui Malama Learn**  
*Learning with Aloha*

The Hui Malama Learning Center in Maui, Hawaii has a Teen Pregnancy Prevention/Family Strengthening Program, which offers mentoring to the teens involved in the program. For more information contact Kate Burrows, at [kate.burrows@huimalama.org](mailto:kate.burrows@huimalama.org) or go to <http://www.huimalama.org>.



**ACIP recommends newly licensed meningococcal vaccine for**

**adolescents and college freshmen.** On Feb. 10, NIP updated its Web site with information about ACIP's recommendation regarding meningococcal conjugate vaccine. ACIP made the recommendation during one of its regularly scheduled meetings, which was held in Atlanta on Feb. 10-11. The Advisory Committee on Immunization Practices (ACIP) to the Centers for

Disease Control and Prevention (CDC) this week recommended that children 11-12 and teens entering high school, as well as college freshman living in dormitories, receive a newly licensed meningococcal vaccine. Meningococcal disease is caused by bacteria that infect the bloodstream, lining of the brain, and spinal cord, often causing serious illness. Every year in the U.S., 1,400 to 2,800 people get meningococcal disease. Ten to 14 percent of people with meningococcal disease die, and 11-19 percent of survivors have permanent disabilities (such as mental retardation, hearing loss, and loss of limbs). The disease often begins with symptoms that can be mistaken for common illnesses, such as the flu. However, meningococcal disease is particularly dangerous because it progresses rapidly and can kill within hours. "Meningococcus is a serious disease that kills about 300 people each year in the U.S. We are encouraged that today's ACIP recommendation will help to prevent this potentially deadly disease among adolescents," said Dr. Stephen Cochi, acting director of the National Immunization Program at CDC. The ACIP has an existing recommendation for a routine doctor's visit for 11-12 year-olds, at which they may receive a tetanus-diphtheria booster shot. With the new recommendation, 11-12 year-olds will also receive the meningococcal vaccine at this routine visit. In order to foster the most rapid reduction of meningococcal disease following this recommendation, the committee also recommended that for the next two-three years teens entering high school also be vaccinated. College freshman who live in dormitories are at higher risk of meningococcal disease than other college students and should also be vaccinated. Meningococcal vaccine may also be provided to college students who do not live in dormitories and adolescents who want to reduce their risk for meningococcal disease. The vaccine is highly effective. However, it does not protect people against meningococcal disease caused by "type B" bacteria. This type of bacteria causes one-third of meningococcal cases. More than half of the

cases among infants less than 1 year old are caused by "type B," for which no vaccine is licensed or available in the United States. The new meningococcal vaccine was licensed by the U.S. Food and Drug Administration (FDA) on Jan. 14, for use in people 11-55 years of age. It is manufactured by sanofi pasteur and is marketed as Menactra.

To access NIP's web page about this recommendation, go to:

[http://www.cdc.gov/nip/vaccine/meningitis/mcv4/mcv4\\_acip.htm](http://www.cdc.gov/nip/vaccine/meningitis/mcv4/mcv4_acip.htm)

**Advent Enterprises, Inc.**  
*Dignity through Employment*

**Youth Mentoring Partnership,** <http://www.advent.org/youthmentoring.htm>, has activities that address teen parenting, job placement, and keeping teens in school.



**The Rhode Island Department of Health has Men2B program** that offers training and support program that prepares men to be more effective and confident role models to teen boys. The program is in its seventh year of operation and has trained over 2,000 men to date. For more information, call the Family Health Information Line at 1-800-942-7434.

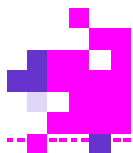
### Inwood House Family Support



**Services Program** in New York City provides peer and adult mentoring to the pregnant and parenting teens/

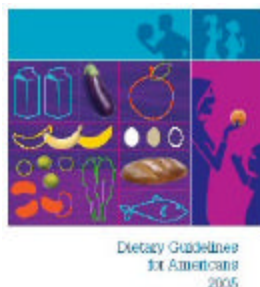
young adults in their program. Visit the Web site: <http://www.inwoodhouse.com>





In recognition of **National Birth Defects Prevention Month**, the MCH Library has released a new edition of the knowledge path, Prenatal Care, now called **Preconception and Pregnancy**. The knowledge path is an electronic resource guide on recent, high-quality resources that analyze perinatal health statistics, describe effective prenatal care programs, and report on research aimed at improving access to and the quality of prenatal care and improving perinatal health outcomes. Produced by the MCH Library, the knowledge path includes information on (and links to) Web sites and electronic publications, databases, electronic newsletters and online discussion groups, journal articles, and print publications. Several resources focus on specific aspects of maternal health-related behaviors such as nutrition, smoking, and alcohol and substance use. Other resources address preconceptional and interconceptional health, maternal morbidity and mortality, racial and ethnic disparities in maternal health, and the adverse effects of environmental exposures during pregnancy. The knowledge path also includes general pregnancy resources as well as information about pregnancy complications for consumers. It is intended for use by health professionals, policymakers, researchers, and families who are interested in tracking timely information on this topic. The knowledge path is available at: [http://www.mchlibrary.info/KnowledgePaths/kp\\_pregnancy.html](http://www.mchlibrary.info/KnowledgePaths/kp_pregnancy.html).

**The Dietary Guidelines for Americans 2005** provide authoritative advice for people ages 2 and older about how proper dietary habits can promote



health and reduce risk for major chronic diseases. A joint project of the U.S. Department of Health and Human Services and the U.S. Department of Agriculture,

the guidelines represent the latest of the 5-year reviews required by federal law and are the basis of federal food and nutrition education programs. The guidelines identify 41 key recommendations, of which 23 are for the general public and 18 are for special populations. The recommendations are grouped into nine general topics including adequate nutrients within calorie needs, weight management, physical activity, food groups to encourage, fats, carbohydrates, sodium and potassium, alcoholic beverages, and food safety. The guidelines, and a consumer-oriented brochure, are available at: <http://www.healthierus.gov/dietaryguidelines/>.



**Study examines environmental tobacco smoke exposure and cognitive abilities in children and adolescents.** "The findings of

this study confirm previous research indicating an inverse relationship with ETS [environmental tobacco smoke] exposure and cognitive outcomes. We also provide new information indicating that ETS is neurotoxic at extremely low levels," state the authors of an article published in the January 2005 issue of *Environmental Health Perspectives*. Although tobacco smoke exposure has been linked to a variety of behavioral and developmental consequences for children, various methodologic limitations of prior studies contribute to a lack of clarity in the findings. The article presents findings from a study to investigate the impact of ETS exposure on children's cognitive skills using a large, nationally representative sample of children and adolescents.

Inclusion of prenatal tobacco smoke exposure, birthweight, and neonatal intensive care unit stay had little effect on the relationship between ETS exposure and reading scores. "We estimated that

greater than 21.9 million children are at risk for ETS-related reading deficits," state the authors. They conclude that "this analysis along with other studies provides adequate evidence to support policy to further reduce childhood exposure to ETS." Yolton K, Dietrich K, Auinger P, et al. 2005. Exposure to environmental tobacco smoke and cognitive abilities among U.S. children and adolescents. *Environmental Health Perspectives* 113(11):98-103. The full text article can be seen at: <http://ehp.niehs.nih.gov/members/2004/7210/7210.html>.

**3<sup>rd</sup> Annual Fatherhood Summit** – April 21 and 22 – Holiday Inn Select, Wichita. For more information contact Tammy Aguilar at 785-368-6350 or email her at [txa@srskans.org](mailto:txa@srskans.org).

The Kansas Department of Health and Environment announces the **Kansas Public Health Nursing/Maternal Child Health Conference** - May 3, 4 and 5 at the Wichita Airport Hilton Hotel. Topics for the breakout sessions for this year's conference are now posted on the KDHE Office of Local and Rural Health Web site at: [http://www.kdhe.state.ks.us/olrh/LHD\\_PHN\\_Conference.htm](http://www.kdhe.state.ks.us/olrh/LHD_PHN_Conference.htm) More information on the keynote presenters will be posted soon. Watch the Office of Local and Rural Health Web site for updates and information on registration. For more information contact: [dfroemer@kumc.edu](mailto:dfroemer@kumc.edu).

**The Suicide Prevention Resource Center (SPRC) Releases the Suicide Awareness.** SPRC is pleased to announce the publication of the *Suicide Awareness Event Resource Kit*. Produced as a collaborative effort between SPRC and the Suicide Prevention Action Network USA (SPAN USA), the kit is a compilation of the best tools that SPAN USA and its members have used in organizing successful awareness events in many state capitols and in Washington, D.C. The Suicide Awareness Event Resource Kit is available for reading and downloading from the SPRC website at [http://www.sprc.org/library/event\\_kit/](http://www.sprc.org/library/event_kit/)



# Zips: School Health

*Little things have big results sometimes.*

— Margaret Moore



**The Kansas School Building Report Card** provides information reported in three ways: by school building, by school district and as a state average. Among the data provided, is performance

results on state assessments, attendance rates, graduation and dropout rates, performance toward adequate yearly progress goals, and information on school safety and teacher qualifications. This information is provided to help gauge the performance of Kansas schools and school districts. Check out to see how your school district is performing by visiting: <http://online.ksde.org/rcard/index.aspx>.



## **Pediatric Symposium: Chronic Health Concerns in the**

**School Setting** will be held April 8, from 8 to 4, at Heartspring, 8700 E 29th Street North, Wichita. Education and resources on Asthma, Pediatric Obesity, Assessing and Improving Patient Adherence to Chronic Care Regimens are just a few of the topics to be discussed. This phenomenal symposium is sponsored by the American Lung Association of Kansas. Registration is \$30 which includes contact hours, continental breakfast and box lunch. For information and to register contact Sally Head at the American Lung Association of Kansas in Topeka at 785-272-9290 ext. 103. Enroll early, as there is limited space for 175 attendees!

Winter 2004-2005 edition of **News (Updates) in School Health**, focuses on environmental health as it relates to schools. Visit their Web site at: [http://www.mass.gov/dph/fch/schoolhealth/nish/winter04\\_05.pdf](http://www.mass.gov/dph/fch/schoolhealth/nish/winter04_05.pdf).

**How in touch are you with youth?** For some fun, go to this link to find a test of pop culture developed by youth. Visit: [https://secure.cottonwoodpress.com/misc/cwp\\_test2.php](https://secure.cottonwoodpress.com/misc/cwp_test2.php).



**Translation of Vaccine Related Terms in English** document can be found by visiting: <http://www.immunize.org/izpractices/p5121.pdf>.

## **Helping Student Learn about Food Safety!**

The Food and Drug Administration and the National Science Teachers Association teamed up to create a first-of-its kind science program to teach teens about food safety. The NSTA offers the program, called "Science and Our Food Supply" free to science teachers, for incorporation into biology, life sciences, and other science classes. This program consists of 16 hands-on experiments, a video called "Dr. X and the Quest for Food Safety," an Emmy award winner in the category of "Outstanding Children's Program/One-time Only Special." Also included in a Food Safety A to Z Reference Guide with frequently asked questions, fun facts, and tips. For more information visit: <http://www.nsta.org/fdacurriculum>



ultraviolet light. The product is used commercially to test the efficacy of hand washing. It is available from Educational Innovations, by visiting: <http://www.teachersource.com>



**"It's right under your nose,"** parents and educators are told--youngsters are "sniffing" or "huffing" some dangerous substances. To learn more visit: <http://www.healthinschools.org/ejournal/2005/feb2.htm>. Further information about inhalants is available from the National Institute on Drug Abuse at <http://www.nida.nih.gov>. The National Inhalant Prevention Coalition can be reached at <http://www.inhalants.org>. The New

England Inhalant Abuse Prevention Coalition can be reached by phone at 1-800-419-8398.

**Medical societies** are launching a major effort to improve health care for minority populations by increasing cultural awareness on the part of care providers. For more information visit: <http://www.healthinschools.org/ejournal/2005/feb1.htm>.

## **Looking Ahead to 'Wellness Policies' in Schools:**

Noting that a 2004 law reauthorizing federally funded school food programs requires schools receiving federal funds to have "wellness policies" in place not later than school year 2006, a number of organizations are coming up with plans to help schools meet that deadline. For more information visit: [http://www.healthinschools.org/2005/jan13\\_alert.asp](http://www.healthinschools.org/2005/jan13_alert.asp).



National Association of School Nurses (NASN) resolution on **"Vending Machines and Healthy Food**

**Choices in Schools"** can be viewed at: <http://www.nasn.org/statements/resolutionvending.htm>

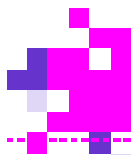
**Eating Disorders Awareness Week**  
February 27-March 5, 2005



**Eating Disorders Awareness Week** is Feb. 27 through March 5 and is a national observance designed to enhance efforts to prevent

eating disorders. This observance directs attention to the serious damage and consequences that eating disorders can have on a person's body and overall health. The theme for this years observance is "Get Real: Unmask the Problem." For more information visit: <http://www.mentalhealth.org/highlights/February2005/eating/>.





# Zips: Events and Resources

Mae Claxton will be teaching two **vision screening courses** in the spring: March 4 in Emporia and April 8 in Salina. The information, including registrations forms, is posted at: <http://www.pittstate.edu/kumc/visioncourses.html>.



**March 14-20 Brain Awareness Week**  
Dana Alliance for Brain Initiatives  
745 Fifth Avenue, Suite 700  
New York, NY 10151  
Ph: 212-401-1680  
<http://www.dana.org/brainweek/>.



**March 20-26 National Poison Prevention Week**, Poison Prevention Week Council, P.O. Box 1543, Washington, DC 20013, Ph: 1-800-638-2772 or visit <http://www.poisonprevention.org/main.html>



**American Red Cross**

*Together, we can save a life*

Arlington, VA 22209 Ph: 703-248-4214 or visit <http://www.redcross.org>

**National Association of Social Workers Kansas Chapter (KNASW) Annual Conference, 2005 Social Work: Making Change Happen**, April 1; 6.0 CEU's at the Ramada Inn, 420 SE 6th Street, Topeka (including a three hour workshop on Social Work Ethics.).  
**National Infant Immunization Awareness Week** is April 24-30. Below

is a link to CDC's Web page on this topic. It provides useful information and materials that can be used to promote infant immunizations during this week. <http://www.cdc.gov/nip/events/niw/2005/05default.htm>.



**KAN BE Healthy: RN Training** will be held Thursday, May 5, Wichita Airport Hilton, immediately following the 2<sup>nd</sup> Annual Public Health Nurse Maternal Child conference 1-5 The Initial Orientation to KAN BE Healthy: RN training offers four contact hours. The fee is \$50.00. Washburn University, School of Nursing, is an approved provider of nursing continuing education by the Kansas State Board of Nursing. Registration is required. To register call 785-231-1399 or on-line at [http://www.washburn.edu/ce/health\\_care/kbh/training/group\\_study.html](http://www.washburn.edu/ce/health_care/kbh/training/group_study.html).

**Health Programming Grants – The W. K. Kellogg Foundation.** The goal of the W.K. Kellogg Foundation's 2003-2008 Strategic Plan is to promote health among vulnerable individuals and communities through health programming. Health programming at the Foundation centers on improving individual and community health, and improving access to quality health care. Visit: <http://www.healthinschools.org/grants/ops230.asp>.



**Liberty Mutual**

**Liberty Mutual Supports Community Projects in Education, Health and Safety:** The Liberty Mutual Group Corporate Philanthropy Program supports nonprofit organizations that help people live safer, more secure lives. Funding is focused on education and health and safety. Visit: <http://www.healthinschools.org/grants/ops234.asp>.

*Dreams are...illustrations from the book your soul is writing about you.*  
— Marsha Norman

**Department of Education - Demonstration Grants for Indian Children:** announces the availability of grants to support programs to improve the educational opportunities and achievement of preschool, elementary and secondary Indian students. Visit: <http://www.healthinschools.org/grants/ops237.asp>.

**U.S. Department of Health and Human Services - Prevention of Child Sexual Abuse:** announces the availability of grants to support existing state and local programs in the prevention of child sexual abuse. Visit: <http://www.healthinschools.org/grants/ops241.asp>.



**U.S. Department of Education Recreational Programs for Individuals with Disabilities:** announces the availability of grants to provide individuals with disabilities recreational activities and related experiences to aid in their employment, mobility, socialization, independence and community integration. Visit: <http://www.healthinschools.org/grants/ops239.asp>.

**March is National Colorectal Cancer Awareness Month.** For more information contact **Andrea Untrojb** at: Cancer Research and Prevention Foundation, 1600 Duke Street, Suite 500, Alexandria, VA 22314. Ph: 1-800-227-2732 Or Fax: 703-836-4413. E-mail: [Andrea.Untrojb@preventcancer.org](mailto:Andrea.Untrojb@preventcancer.org).

**The American Diabetes Alert** is an annual, one-day call-to-action held on March 22 for people to find out if they are at risk for diabetes. The Alert's goal is to raise the awareness that diabetes is serious, you can have diabetes and not even know it, and that taking the Risk Test is an easy way to find out if you are at risk for diabetes. Visit: <http://www.diabetes.org/communityprograms-and-localevents/americanidiabetesalert.jsp>

